

# GALWAY HC TRAINING



## Galway Hockey Club: Weekly Training Schedule

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- Junior Girls and Boys Training Times
- Under 14 Girls Training
- Under 16 Girls Training
- Senior Men's Training
- Senior Women's Firsts and Second Training
- Senior Women's Thirds Training

Unless otherwise stated all Galway HC training takes place on the Hockey AstroTurf in the **Dangan Sportsground** located at: 6 St Annes, Newcastle Road, Upper Dangan, Galway, H91 PW0C

### Junior Girls

1st, 2nd and 3rd Class Girls      Saturday 10:30-11:30

4th, 5th and 6th Class Girls      Saturday 11:30-12:30

**Junior Boys**      Saturday 10:30-11:30

**U14 Girls**      Saturday, 12:30-14:00

**U16 Girls**      Saturday, 09:00-10:30

**Senior Men's**      Thursday, 19:00-20:30

**Senior Women's Firsts and Seconds**      Tuesday and Thursday, 19:00-20:30

**Senior Women's Thirds**      Tuesday, 19:00-20:30

**Training Cancellation:** Hockey will be cancelled where the club management believe the pitch or surroundings are unplayable and dangerous. This has happened in the past couple of seasons during the very frosty/cold weather. Rain is not considered dangerous. When it rains, training will continue as normal, your attendance is your decision. Where the session is cancelled, members will be notified by the quickest means possible, via the club myclubfinances app, email, group text (if set up) or the Galway HC Facebook page.

For further information regarding each of the teams listed above, please view our Club Contacts section.

*In Galway, our aim is to develop a love and enthusiasm for field hockey, sports and fitness in all of our members, and to promote sportsmanship, competition, and skill in a safe and fun environment.*

Please ensure that you or your child has the required equipment for each session. A list of the required club gear and equipment is available on their team's summary page.